

Our Team

Our counsellors at Care Corner Counselling Centre are professionally trained with minimum Master's Degree and have at least 5 years of experience working in this field. They are passionate to journey with individuals, couples and families who are navigating through life's challenges, or looking to make positive growth in their lives.



Michael Chin (陈永安)

"How others see you isn't important; how you see yourself means everything."

Specialisation: Couple and Trauma Therapy

Michael provides emotionally focused couple therapy (EFCT) for couples to improve their marital relationship and uses eye movement desensitization and reprocessing therapy (EMDR) to help individuals to alleviate traumatic experiences and mental health problems. **Qualification & Membership:** Master in Counselling, Certified Therapist with the International Centre for Excellence in Emotionally Focused Therapy, Registered Counsellor with the Singapore Association of Counselling. **Language:** English, 华语.

Words of Encouragement: *"The first step to embrace new experience is important to evoke positive change."*

Lily Chan-Chia (谢丽丽)

"Today is the day!"

Specialisation: Individual and Couple Therapy

Lily is trained in providing emotionally focused couple therapy (EFCT) to couples who are experiencing marital conflicts and / or infidelity. She also uses the same therapy modality and eye movement desensitisation reprocessing therapy (EMDR) to help individuals experiencing emotional pain, depression and/or anxiety. **Qualification & Membership:** Master in Counselling and Member with the EMDR International Association. **Language:** English

Words of Encouragement: *"You are not alone; we are the handrail for support as you journey through."*



Jonathan Lee (李风宁)

"Be a blessing to others."

Specialisation: Trauma and Couple Therapy

Jonathan provides eye movement desensitization and reprocessing therapy (EMDR) for individuals seeking recovery from mental health issues and trauma. He also uses emotionally focused couple therapy (EFCT) for couples experiencing marital distress and/or infidelity. **Qualification and Membership:** Master in Counselling, Certificate in Clinical Supervision, Registered Social Worker with the Singapore Association of Social Workers and Member with the EMDR International Association. **Language:** English, 华语, 广东话, 福建话

Words of Encouragement: *"Take the first step and see the transformation."*



Lee Yoke Sun (李钰新)

"Be contented. Be thankful always. Be myself."

Specialisation: Individual Therapy

Yoke Sun uses reality therapy (RT) to help individuals make choices that can effectively lead to fulfilment of important needs (e.g. connection with others, autonomy) and work through their issues. **Qualification:** Master in Pastoral Counselling. **Language:** English, 华语

Words of Encouragement: *"Coming for counselling requires much courage. Therapy certainly can help. It also depends very much on the client's willingness to change."*

Fion Liew (刘燕红)

"Be thankful in everything, in all circumstances."

Specialisation: Individual Therapy

Fion provides emotion focused therapy (EFT) for client with anxious and depressive symptoms. **Qualification and Membership:** Master in Counselling, Registered Counsellor with the Singapore Association of Counselling. **Language:** English, 华语

Words of Encouragement: *"Being resilient means being able to bounce back after hitting rock bottom. So, reaching out for help during difficult time is also part of its process."*





Carolyn Lim (林美美)

"Finding our inner voice."

Specialisation: Trauma Therapy

Carolyn uses therapeutic spiral model (TSM) to provide experiential trauma work and recovery for individuals seeking to overcome their traumatic experiences. Informed by neuroscience and concepts of trauma, she also helps clients enhance emotional and mental wellbeing through personal and groupwork. **Qualification and Membership:** Master in Counselling, Master in Social Work, Registered Counsellor with the Singapore Association of Counselling and Member with International Association for Group Psychotherapy and Group Processes. **Language:** English

Words of Encouragement: *"Believe in yourself."*

Lim Hai Yian (林海燕)

"Seize the day!"

Specialisation: Individual Therapy

Hai Yan uses cognitive behavioural therapy (CBT) and emotional focused therapy (EFT) to help individuals work through grief and loss, emotional issues, anxiety and personal challenges. **Qualification:** Master in Social Science (Counselling). **Language:** English, 华语, 广东话, 福建话

Words of Encouragement: *"I will journey with you."*



Pearleen Ong (王珮琳)

"If you never try, you'll never know."

Specialisation: Play Therapy and Parenting Work

Pearleen provides play therapy for children with socio-emotional and behavioural difficulties and career counselling for individuals who wish to relook at their career. She also uses mindfulness-based approaches for individuals experiencing symptoms of depression and anxiety. **Qualification and Membership:** Master in Counselling and Guidance, Registered Social Worker with the Singapore Association of Social Workers and Certified Autplay Therapy Provider. **Language:** English, 华语

Words of Encouragement: *"It is not easy to take this first step. Take courage to contact us. We are here to journey with you."*

Michelle Png (方珍霞)

Those who have a 'why' to live, can bear with almost any 'how'. Viktor E. Frankl

Specialisation: Couple and Grief Therapy

Michelle provides emotionally focused couple therapy (EFCT) and discernment counselling to couples and bereavement care to those experiencing traumatic grief. **Qualification and Membership:** Master in Counselling, Graduate Certificate in Clinical Supervision, Registered Counsellor and Supervisor with the Singapore Association of Counselling and Clinical Member with the International Centre for Excellence in Emotionally Focused Therapy. **Language:** English, 华语

Words of Encouragement: *"Give it a try. You never know where the next step will lead you."*



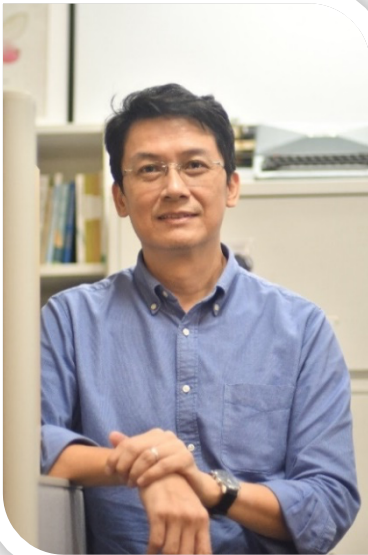
Jonathan Siew (萧志杰)

"No one is defined by their problems."

Specialisation: Individual and Couple Therapy

Jonathan uses concepts and techniques of several therapy modalities to facilitate healing and restoration of resilience in individuals and couples. **Qualification and Membership:** Master in Counselling, Graduate Certificate in Clinical Supervision and Registered Counsellor with the Singapore Association of Counselling. **Language:** English, 华语, 广东话

Words of Encouragement: *"I personally benefited from a safe relationship with my counsellors, you can anticipate the same experience."*



Tan Hong Kheng (陈凤琴)

"Don't apologise for being ME."

Specialisation: Trauma Therapy

Hong Kheng uses therapeutic spiral model (TSM) to provide experiential trauma therapy for individuals seeking recovery from traumatic experiences. She also uses the Satir growth model and emotionally focused couple therapy (EFCT) to promote growth and resilience in individuals and couples. **Qualification and Membership:** Master in Counselling, Registered Counsellor with the Singapore Association of Counselling, Life Time Member with the Satir Whole Person Development Association of Malaysia and Member with the International Association for Group Psychotherapy and Group Processes. **Language:** English, 华语, 福建话

Words of Encouragement: *"Learn to embrace your true self."*





Evonne Wee (阮敏)

"Embrace the fullness of life."

Specialisation: Mental Health & Trauma Therapy

Evonne provides eye movement desensitization and reprocessing therapy (EMDR) and trauma-focused cognitive behavioural therapy (TF-CBT) for children, youths and adults facing mental health challenges. **Qualification:** Master in Counselling. **Language:** English

Words of Encouragement: *"It takes courage to make the first step to seek help. Just take the first step."*

Wong Wun Chee (王婉淇)

"Every day is a Gift!"

Specialisation: Play and Trauma Therapy

Wun Chee provides play therapy for children with socio-emotional and behavioral difficulties. She also uses eye movement desensitization and reprocessing therapy (EMDR) for individuals with mental health challenges and childhood and relational trauma therapy for children, adolescents and adults.

Qualification and Membership: Master in Counselling, Registered Counsellor with the Singapore Association of Counselling and Member with the EMDR International Association. **Language:** English, 华语

Words of Encouragement: *"There is ALWAYS hope!"*





Chan Guat Choo (陈月珠)

“用心做好一件事”

专长: 个人心理与婚姻治疗

月珠专长于使用情绪取向伴侣治疗 (Emotionally Focused Couple Therapy) 帮助夫妻修复创伤与建立安全的关系。她也使用情绪取向个体治疗 (Emotionally Focused Individual Therapy) 帮助个人处理情绪困扰。**学历与认证:** 辅导硕士, 新加坡辅导协会注册督导与辅导员, 国际情绪取向伴侣与家族治疗中心 (International Centre for Excellence in Emotionally Focused Therapy) 临床会员, 认证督导与治疗师。 **语言:** 华语

鼓励的话: “不要独自面对生活挑战, 让辅导帮助你找到更好的应对方式”

Cho Chia Min (卓佳敏)

“珍惜每一天”

专长: 婚姻治疗

佳敏专长于使用情绪取向伴侣治疗 (Emotionally Focused Couple Therapy) 帮助夫妻改善关系及增加情感连结。她也擅长帮助因外遇受伤的夫妻与个人透过面谈辅导或治疗团体从创伤中关系修复与自我疗伤。**学历与认证:** 辅导与咨商硕士, 督导证书, 新加坡辅导协会注册督导与辅导员, 国际情绪取向伴侣与家族治疗中心 (International Centre for Excellence in Emotionally Focused Therapy) 临床会员, 认证督导与治疗师。 **语言:** 华语、福建话、台语

鼓励的话: “期许自己好好陪伴家庭与伴侣度过关系与生命的低潮”



Kok Lee Fong (郭丽芳)

“凡事谢恩。”

专长: 个人心理与婚姻治疗

丽芳专长于使用萨提尔成长模式 (Satir Growth Model) 带领自我成长工作坊帮助个人走出原生家庭的困扰, 她也使用情绪取向治疗 (Emotionally Focused Therapy) 帮助伴侣或个人处理婚姻、亲子及哀伤失落等议题。**学历和认证:** 辅导硕士, 新加坡辅导协会注册辅导员, 萨提尔成长模式专业辅导证书。 **语言:** 华语, 客家话, 广东话

鼓励的话: “寻求辅导是你其中一个最好的选择, 因为你值得”